

# Scottish Heart & Arterial disease Risk Prevention

## MINUTES

### SHARP TRUSTEES MEETING

**Date:** Wednesday 27<sup>th</sup> January 2021  
**Venue:** Zoom Meeting  
**Time:** 09:30

**Present:** Alan G Begg (AGB), Adrian Brady (AB), Jill Belch (JB), Jacob George (JG) John Webster (JW), Bill Simpson (BS), Chris Packard (CP), Miles Fisher (MF), Dennis Sandeman, (DS), Tom MacDonald (TM), Rebecca Wheeler (RW), Isla McKenzie (IM), Christian Delles (CD), Paul Forsyth (PF), Victoria Kirkwood (VK), Christaidh Rattray (CR)

#### 1) Welcome including new trustees

Co-chair AB welcomed all to the meeting introducing Professor Christian Delles and Paul Forsyth as new SHARP Trustees.

#### 2) Apologies

Apologies were received from Nick Mills, Suzanne McKenzie, Jonathan Malo,

#### 3) Minutes of previous meetings

##### a) Adoption of the minutes of meeting of 26<sup>th</sup> August 2020

The minutes were adopted as a true record of the meeting.

##### b) Adoption of the minutes of Thirty Second Annual General Meeting 2<sup>nd</sup> December 2020

The minutes were adopted as a true record of the meeting

##### c) Matters Arising from Minutes

AB suggesting that the minutes be made public and that we publish the minutes on the website for transparency. All trustees present were in support of this.

#### 4) Appointment of new trustees

AB welcomed Professor Christian Delles and Paul Forsyth as new trustees. DS suggesting Mary Galbraith as a patient representative as she is interested in being involved having attended SHARP meetings in the past. DS also suggesting Lynne Innes who works for Public Health Scotland as her work is important to SHARP.

**5) Feedback from the 2020 meeting**

All trustees present were in agreement that the speakers and talks were excellent and that this was reflected in the feedback evaluation. AGB advised that the analytics received from Tapestry AV indicated that the exhibition stands did not receive as many delegates due to delegates dropping in and dropping out for different sessions. NHS employees expressed an issue with gaining access via work computers. Feedback from the delegates was in favour of a hybrid meeting at present.

**6) Meetings in 2021**

**a) Arrangements for Hybrid Meetings**

AB suggested that it could be offered on a first come basis and then stream the meeting providing the broadband was up to speed. TM suggesting creating a tender to send out for the IT.

**b) Orkney Symposium May 2021**

JW said he was unsure currently what is happening. PF indicated that he has a contact in Orkney who would be enthusiastic to help.

**c) Annual Scientific Meeting and Scottish Lipid Forum Meeting November 2021**

AB asked for ideas for this year's theme. CP suggesting a theme combining heart, mind and body effects of cardiovascular disease. This would also incorporate holistic and psychological approaches. Trustees agreed talks could be pre-recorded and then speakers could come on line for questions.

**7) Financial Update**

AGB advised that SHARP is financially stable. The accounts were ready for submission to OSCR.

**8) British Heart Foundation Scotland heart and circulatory disease strategy**

DS explained that this was a 10 year strategy of heart disease in Scotland.

**9) Pfizer Global Medical Grants a New Education RFP in Residual Cardiovascular Risk**

CP indicated that this was a very popular topic currently.

**10) Future plans**

AB felt that it was difficult to predict the immediate future but he was hopeful for a person meeting in May in Orkney. The concept of a hybrid meeting in November is highly probable and will need to be discussed at the next meeting.

**11) Any other business**

There was no other business.

**12) Date of next meeting**

Wednesday 5<sup>th</sup> May 2021 at 09.30am via Zoom.