

Scottish Heart & Arterial disease Risk Prevention

MINUTES

SHARP TRUSTEES' MEETING SUMMARY

Date: Wednesday 13th May 2020
Venue: Zoom Meeting
Time: 15:00

Present: Alan G Begg (AGB), Adrian Brady (AB), Jill Belch (JB), John Webster (JW), Bill Simpson (BS), Stuart Hutcheon (SH), Chris Packard (CP), Miles Fisher (MF), Jonathan Malo (JM), Tom MacDonald (TM), Isla MacKenzie (IM), Suzanne MacKenzie (SM), Rebecca Wheeler (RW), Michelle Collister-Bartlett (MB), Dennis Sandeman (DS), Victoria Kirkwood (VK), Christaidh Rattray (CR)

1) **Welcome**

Co-chair AB welcomed all to the meeting.

2) **Apologies**

Apologies were received from Emma Gellatly and Nick Mills.

3) **Minutes of meeting 12th February 2020**

a) **Adoption of the minutes of meeting of 12th February 2020**

The minutes were adopted as a true record of the meeting.

b) **Matters arising**

i. **Alternative date for postponed Orkney Meeting**

JW advised that the meeting has been postponed until 13th and 14th May 2021 with venues and speakers in place for next year.

4) **Coronavirus disease 2019 (COVID-19)**

a) **National situation update**

Due to the current situation it was agreed amongst the trustees to host a virtual meeting this year instead. AB suggesting a three hour virtual meeting and all trustees in agreement with this. JW suggesting that it would be refreshing to not relate the meeting to COVID-19 and keep it focused on other topics.

b) **Risk for SHARP as a charity**

The legacy donation was discussed in relation to how the funds would be spent. JB and CP suggested preserving the funds in the charity as the present situation unfolds. IM suggesting that if blood pressure monitors were purchased this

could help in relation to chronic disease management. MF advised that it would be good PR and publicity for SHARP. BS suggesting contacting a manufacturer and getting SHARP's logo on the monitor, enquire about cost and how this could be done. AB advised this should be postponed until the estate is finalised.

5) Annual Scientific Meeting 19th/20th November 2020

a) Possible social distancing rules 2020

Trustees were in agreement that this year's ASM be postponed and a virtual meeting to be hosted online. AGB and CR to contact Crieff Hydro to discuss this. JB suggesting contacting Novartis for them to host the webinar as they will have experience doing this and they are the sponsor for the satellite symposium this year.

b) Theme update

Heart failure is this year's theme.

c) Progress to date

i) Main programme

AB suggested a three hour meeting with an hour break. AB suggested a speaker from the Mayo clinic to be a potential speaker and Prof John McMurray from Glasgow as another potential speaker. TM suggested having heart failure with preserved ejection fraction (HFpEF) being part of the main programme. DS suggested contacting a potential speaker from National Heart Centre Singapore to be a speaker on the webinar.

ii) Satellite Programme

Novartis are this year's sponsor and JB suggested they host the webinar. AB advised he will contact them to see how to progress with this year's programme.

iii) Poster presentations/abstracts

AB suggested still inviting poster presentations. RW suggested this could be displayed on the website and suggests posters being voted on. JB suggested that Novartis could send out a link for abstract submissions and put it through SHARP. CP suggested a pre-meeting in the morning for an hour to discuss abstracts. AB suggested other sponsors could host the presentations with 5-8 minute slots for posters being presented.

iv) Scottish Lipid Forum preparations

JM advised he has not prepared in depth as yet but is in agreement that the webinar would be the best format for this year moving forward and to host a separate webinar from SHARP. BS suggested hosting the SLF webinar the day before and could collaborate for the abstracts with SHARP. CP suggesting extending the morning meeting to an hour and a half. Suggestions were made for contacting speakers in America for the webinar and trying to attract more delegates who may not have previously been able to attend. AB, BS, JM and CP to agree on the programme for SLF.

d) Consideration of alternative formats to a large meeting

All in agreement that this year's meeting to be hosted as a webinar.

6) Financial implications of COVID-19

a) As a charity

Trustees were in agreement to preserve funds at the present time.

b) Postponement or cancellation of 2020 meeting

AB suggests postponing this year and just hosting a webinar as agreed with the trustees. AGB and CR to contact Crieff Hydro Hotel and Tapestry AV in relation to the postponement of this years meeting. ASM dates for 2021 had been booked for Crieff Hydro so AGB to liaise with Jennifer Scrim to advise how to proceed regarding this.

c) Effect of reduced delegate numbers

Trustees were in agreement that the webinar should be free for registered members of SHARP. MB suggesting advertising that SHARP members can gain CPD points from joining the meeting which could increase interest in the meeting. AGB suggested sending out the information to GP practices, Royal College Faculties and contacting GP trainees.

8) Website and social media

CR is to liaise with Angus Web in relation to website and creating link for the webinar for delegates. Advertising The abstracts and posters were to be advertised on the website.

9) Any other business

JB asked Trustees for contacts in the North of Scotland to supply NHS staff with PPE as she has not been contacted by as many people from the north of Scotland in comparison to Tayside and Glasgow. Trustees advised they will forward email contacts to JB.

12) Date of next meeting

26th August 2020 at 15.00 hours with format to be confirmed.