



SHARP ANNUAL SCIENTIFIC MEETING

HILTON DUNKELD HOUSE HOTEL

19th/20th NOVEMBER 2015

“MANAGING CARDIOVASCULAR RISK”



Organising Committee

Professor Tom MacDonald
Dr Alan Begg

Secretariat

Miss Victoria Kirkwood



SHARP ANNUAL SCIENTIFIC MEETING
THURSDAY 19th NOVEMBER 2015

“MANAGING CARDIOVASCULAR RISK”

PROGRAMME

08.15	Registration Opens	
08.40	Scottish Lipid Forum Meeting Delegates attending the SHARP conference are invited to attend the Thursday morning sessions of the Scottish Lipid Forum on genetic testing for hyperlipidaemia.	
12.40	SHARP Keynote Speaker “Preventing Sudden Death”	Dr John MacLean
13.00	Lunch	

SATELLITE SYMPOSIUM
Organised & Sponsored by AstraZeneca

“REDUCING RESIDUAL RISK”

14.15	Chairman’s Welcome & Introduction	Dr Stuart Hutcheon
14.25	Myocardial Infarction in Scotland – Changing our Management	Professor Nick Mills
15.00	Reducing Risk after a Myocardial Infarction – Choice of Drugs	Dr Anoop Shah
15.35	Preventing Premature Cardiovascular Death in Diabetes	Professor Miles Fisher

CASE STUDIES

16.10	Compliance ‘Matters’	Dr Alan Begg
16.30	You Only Have ‘OneHeart’	Ms Jan Naybour
16.50	The Satellite Symposium Meeting Sponsored by AstraZeneca Closes	
19.00	SHARP Dinner Followed by Evening Speaker, Dr James Robson	



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EVENING PROGRAMME

- 18.15 Pre-Dinner Drinks
Garden Room
- 19.15 SHARP Dinner Announcement
Delegates to make their way to the Garden Restaurant
- 19.30 Welcome
Professor Tom MacDonald, SHARP Chairman
- 19.45 SHARP Dinner
- 21.15 **Evening Speaker: Dr James Robson**
- JAMES ROBSON Born 24.11.57 in Whitehaven. James Robson has been team doctor on the last six consecutive tours by the British and Irish Lions (New Zealand 1993, South Africa 1997, Australia 2001, New Zealand 2005, South Africa 2009 and Australia 2013). He joined the Scotland team as doctor at the start of season 2002/2003 following his previous position as physiotherapist from 1991-96 and has now been team doctor for more than 150 Scotland Test matches, including the Rugby World Cup competitions in 2003, 2007 and 2011. He was doctor for Scotland A from 1998 – 2002 and the doctor/physio for Scotland 7s from 1996 – 2001. Prior to becoming Scottish Rugby’s Chief Medical Officer, James, was a GP in Dundee. He was awarded a Fellowship and hominem by the Royal College of Surgeons, Edinburgh in November 2010, Fellow of the Royal College of General Practitioners, and the Faculty of Sport & Exercise Medicine, and a Member of the Chartered Society of Physiotherapists. He is married with two teenage daughters.*
- 22.00 Raffle & Auction



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MORNING PROGRAMME

08.20	Registration Opens	
08.50	Welcome & Introduction	Dr Bill Simpson
09.00	Session Chairman: Professor Tom MacDonald How to Lessen CVD Risk in Diabetes: State of the Art	Professor Naveed Sattar
09.45	The Perils of Salt & Sugar	Professor Graham MacGregor
10.30	Refreshment Break & Poster Display	
11.00	Workshops: Session 1	
	1/ Dietary Interventions	Professor Annie Anderson
	2/ Effects of Statin Therapy	Dr David Preiss
	3/ The Athlete's Heart	Dr John MacLean
	4/ Maternal Health & Cardiac Risk	Professor Rebecca Reynolds
	5/ Chest Pain – A New Approach	Professor David Newby
11.45	Workshops: Session 2	



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AFTERNOON PROGRAMME

12.30	Lunch	
13.40	SHARP AGM	
	What's New in Cardiovascular Disease Management - Research Poster Presentations	
	Session Chairman: Professor Jill Belch	
14.00	Myocardial injury in patients without suspected acute coronary syndrome attending the emergency department	Dr Andrew Chapman
14.10	Assessment of Cellular Inflammation after Myocardial Infarction Using USPIO-enhanced Magnetic Resonance Imaging	Dr Colin Stirrat
14.20	Is it safe to use high sensitivity Troponin T assay for early rule out in patients with suspected Acute Coronary Syndrome?	Mr Dennis Sandeman
14.30	Subcutaneous administration of (Pyr1)apelin-13 causes an increase in cardiac index in healthy volunteers.	Dr Tania Pawade
14.40	Questions & Presentation of the SHARP Prize	
15.00	Treatment of Hypertension – 40 Years of Undetected Crime	Professor Gordon McInnes
15.30	Close of Meeting	Professor Tom MacDonald



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FACULTY

THURSDAY SPEAKERS

Dr Alan Begg	General Practitioner & SHARP Trustee, Townhead Medical Practice, Montrose
Professor Miles Fisher	Consultant Physician, Glasgow Royal Infirmary
Dr Stuart Hutcheon	Consultant Cardiologist, Ninewells Hospital & Medical School, Dundee
Dr John MacLean	Chief Executive, The National Stadium Sports Medicine Centre, Glasgow
Professor Nick Mills	Personal Chair of Cardiology, University of Edinburgh
Ms Jan Naybour	Lead Cardiac Rehabilitation & Health Promotion Nurse Specialist & Chair of Cardiac Rehab Practitioners Forum, Liverpool Heart and Chest Hospital
Dr James Robson	Chief Medical Officer & National Team Doctor, Scottish Rugby
Dr Anoop Shah	Clinical Lecturer in Cardiology, University of Edinburgh

FRIDAY SPEAKERS

Professor Annie Anderson	Professor of Public Health Nutrition, Ninewells Hospital & Medical School, Dundee
Professor Graham MacGregor	Professor Cardiovascular Medicine, Queen Mary University of London
Professor Tom MacDonald	Co-Chair of SHARP
Dr John MacLean	Chief Executive, The National Stadium Sports Medicine Centre, Glasgow
Professor Gordon McInness	Honorary Senior Research Fellow, University of Glasgow
Professor David Newby	Director of the Edinburgh Clinical Research Facility, University of Edinburgh
Dr David Preiss	Senior Research Fellow, University of Oxford
Professor Rebecca Reynolds	Professor of Metabolic Medicine, Queen’s Medical Research Institute, Edinburgh
Professor Naveed Sattar	Professor of Metabolic Medicine, University of Glasgow
Dr Bill Simpson	Co-Chair of SHARP



HOW TO GET INVOLVED WITH SHARP

The 27th Annual General Meeting of SHARP will take place before the Friday afternoon sessions. Although open only to SHARP members, we hope we can encourage you to join SHARP if you are not already a member.

If you are interested in becoming a Trustee of SHARP please make this known at the AGM. This year we have also introduced a scheme to allow members to attend the Trustees' meeting as a way of attracting potential new Trustees.

There are other ways you can become more involved in SHARP even if you are not interested in becoming a Trustee:

- Continue to support our Annual Scientific Meeting
- Arrange a local educational meeting
- Encourage colleagues to join
- Hold a fundraising event
- Develop a research project using the SHARP database

More details on the work of SHARP are available from the SHARP office or from our website www.sharpscotland.org.

Alternatively speak to one of our current Trustees. Please see a list overleaf.



TRUSTEES OF SHARP

		<u>Due for re-election</u>
Dr Alan G Begg	Honorary Treasurer 2008 Townhead Medical Practice, Montrose	2015
Professor Jill Belch	Honorary Secretary Ninewells Hospital & Medical School, Dundee	2017
Dr Laurence Bell	Elected 2014 Lanarkshire Health Centre	2018
Mrs Suzanne Bell	Elected 2014 Dundee University: Fife Campus, Kirkcaldy	2018
Mr Charlie Bloe	Elected 2013 Raigmore Hospital, Inverness	2017
Mr Jack Brown	Re-elected 2011 Jack Brown & Co, Dundee	2015
Dr John Dick	Re-elected 2010 Ninewells Hospital & Medical School, Dundee	2015
Mrs Lesley Elrick	Re-elected 2012 Sanofi, Surrey	2016
Professor Miles Fisher	Elected 2014 Glasgow Royal Infirmary	2018
Dr Mark Francis	Elected 2013 Victoria Hospital, Kirkcaldy	2017
Dr Jacob George	Elected 2014 University of Dundee	2018
Ms Emma Gellatly	Elected September 2015 Ashgrove House, Aberdeen	2019
Miss Victoria Kirkwood	Elected 2014 University of Dundee	2018
Professor Tom MacDonald	Re-elected 2011/Elected Co-Chairman 2014/2015 Ninewells Hospital & Medical School, Dundee	2015
Dr Suzanne MacKenzie	Elected September 2015 University Hospital Crosshouse, Kilmarnock	2019



TRUSTEES OF SHARP (Continued)

		<u>Due for re-election</u>
Dr Isla McKenzie	Elected 2014 University of Dundee	2018
Dr Ron MacWalter	Re-elected 2011/Elected Co-Chairman 2012/2013 Ninewells Hospital & Medical School, Dundee	2015
Professor Gordon McInnes	Elected 2014 University of Glasgow	2018
Dr Nick Mills	Elected 2011 Royal Infirmary of Edinburgh	2015
Professor Chris Packard	Elected September 2015 University of Glasgow	2019
Ms Janet Reid	Elected September 2015 Royal Infirmary of Edinburgh	2019
Mr Dennis Sandeman	Re-elected 2010 Victoria Hospital, Kirkcaldy	2015
Mr Alastair Scott	Elected 2013 Sanofi, Surrey	2017
Dr William Simpson	Elected 2013/Elected Co-Chairman 2013/2014 Aberdeen Royal Infirmary	2017
Dr John Stout	Elected September 2015 Peterhead Medical Practice	2019
Mrs Lorraine Thomson	Elected 2013 Servier Ltd, Slough	2017
Professor John Webster	Elected 2011 Aberdeen Royal infirmary	2015
Dr Rebecca Wheeler	Elected 2013 West Practice, Springfield Medical Centre, Arbroath	2017



SHARP WISHES TO THANK THE FOLLOWING FOR THEIR SPONSORSHIP

This Meeting has been supported in part by the pharmaceutical industry,
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